



## Critical Incident Management Awareness & Training: Medical Training **Day one**

Time	Topic
09.00 To 09.15	<i>Arrival Administration</i> <i>Complete Register</i> <i>Health &amp; Safety Brief</i> <i>Complete Injury Disclaimer</i>
09.15 to 09.30	<i>Introduction to CIMAT Medical Training and the need for Medical emergency training in a Critical / Terrorist Environment</i>
09.30 to 10.50	<b>First Aid -V- Catastrophic Bleeding ABC -V- CABC</b> <b>Theory / Practical Training: Major injuries Moderate/severe bleeding, bones, burns (non-catastrophic)</b> <b>Splint and Evacuation drills</b>
<b>10.50 To 11.05</b>	<b><i>Break</i></b>
11.05 to 12.10	<b><i>Theory / Practical:</i></b> Shock Recognition and treatment, Practical Dressing application (Non-Catastrophic)
<b>12.10 To 12.40</b>	<b><i>Lunch</i></b>
12.40 To 14.10	<b><i>Practical Training:</i></b> CPR  AED, Use of Emergency Oxygen, Airway Management
<b>14.10 To 14.20</b>	<b><i>Break</i></b>

14.20 To 16.50	<p><b><i>Catastrophic Bleeding: Knife, gunshot, blast, amputation</i></b></p> <p><b><i>Theory / Practical:</i></b></p> <ul style="list-style-type: none"><li>Catastrophic first aid</li><li>Recognition of blood loss</li><li>Recap CAB</li><li>Pressure bandages</li><li>Tourniquets, CAT, MAT, Improvised</li><li><b>CELOX</b> Haemostatic Granules, Applicator, Dressings</li></ul> <p><b>Catastrophic Bleeding:</b></p> <ul style="list-style-type: none"><li>Knife</li><li>Gunshot</li><li>Blast</li><li>Amputation</li></ul>
16.50 to 17.00	<b>Summary of Day One training</b>

## Critical Incident Management Awareness & Training: Medical Training **Day Two**

Time	Topic
09.00 To 09.15	<i>Arrival Administration</i> <i>Complete Register</i> <i>Health &amp; Safety Brief</i> <i>Complete Injury Disclaimer</i>
09.15 to 10.30	<i>RECAP of Day One</i> <i>CPR/ AED/ O2/CELOX</i>
<b>10.30 to 10.45</b>	<b><i>BREAK</i></b>
10.45 to 11.45	<i>Emergency Response Team Roles and responsibilities</i> <i>Leadership VS Management (Styles)</i>
11.45 to 12. 00	<i>Scenario briefing</i>
<b>12.00 To 12.30</b>	<b><i>Lunch</i></b>
12.30 to 16.30	<i>CIMAT Scenarios</i> <i>Active Shooter/ Improvised Explosive Device/ Vehicle attack</i> <i>Under Vehicle Booby Trap in car park</i> <i>Aggressor with knife</i> <i>Conflict resolution angry customers threatening violent behaviour</i>
16.00 to 17.00	<i>Debrief Evaluations Summary &amp; Review</i>